

# A quick guide to the Spring 2019 season



## LIJSL playing rules:



- U9/U10 7v7 2 x 25 Min. 5 players Max 14 NO Punting, Build Out Line
- U11/U12 9v9 2 x 30 Min. 6 players Max 18 Punting Allowed
- U13/U14 11v11 2 x 35 Min. 7 players Max 22 All may dress/play
- U15/U16/17 11v11 2 x 40 Min. 7 players Max 22 All may dress/play
- U19 11v11 2 x 45 Min. 7 players Max 22 All may dress/play

**NEW SPRING '19 LEAGUE PLAY ONLY (NOT for LI CUP)**

•PLAYERS WITH A PASS FROM A DIFFERENT TEAM MAY NOW PLAY ON ANOTHER TEAM **IN THE SAME CLUB** AS LONG AS THEY ARE WITHIN LEAGUE 2018-19 AGE GROUP LIMITS (see chart, separate sheet).

**IF TEAMS HAVE A 22 MAN ROSTER they are allowed to dress all 22 players for an LIJSL game.**

**NO DELIBERATE heading U11 and under** when a player deliberately heads the ball in a game, an indirect free kick should be awarded to the opposing team from the spot of the offense. If the deliberate header occurs in the goal area, the indirect free kick should be taken on the goal area line at the point nearest to where the infringement occurred. If a player does not deliberately head the ball, then play should continue.



**ENY State Cup** There are different state cup competitions, **National Championship (Open Cup)** and **Arch Cup**. The **Open Cup is single elimination** so games **CANNOT** end in a tie. See overtime rules below. **Arch Cup has group play rounds** that if the teams are tied at the end of the game **IT REMAINS A TIE**. **Arch Cup quarterfinals, semi-finals and finals games CANNOT end in a tie** see overtime rules below.

## ENY State Cup Overtime Rules **must play 2 equal halves**

**U15, 16, 17, 18 & 19 2 x 15 min.**

**U10, U11, U12, 13, 14 2 x 10 min.**

Only players on the field of play at the end of the second overtime period are allowed to participate.

7.2.2 Five (5) players from each team are selected by their Coach to take this type of kick (commonly called a penalty kick), alternating with five (5) players from each team.

1. The Referee shall choose the goal at which all of the kicks shall be taken.

2. The Referee shall toss a coin, and the team whose captain wins the toss shall decide whether to take the first or second kick.

3. (a) Subject to the terms of the following paragraph (c) and (d) both teams shall take five (5) kicks. (b) The kicks shall be taken alternately. (c) If, before both teams have taken five kicks, one has scored more goals than the other could, even if it were to complete its five (5) kicks, the taking of kicks shall cease. (d) If, after both teams have taken five (5) kicks, and both have not scored any goals, the taking of kicks shall continue on a one to one alternating basis (not necessarily five (5) more kicks each) until such time that one team has scored one goal more than the other team after both teams have taken an equal number of kicks. No player is to take a second kick until all players, including the goalkeepers, of the teams on the field of play at the end of the second overtime. **U10, U11 and U12 Small Sided games Penalty spot shall be 10 yards from the goal. U12 - U19 shall be 12 yards from the goal.**

**NOTE NEW RULE FOR ENYSSA STATE CHAMPIONSHIP CUP (Does not apply to Arch State Cup)**

**U15 and older teams, a maximum of 7 substitutions for each team shall be allowed in each game during each half of play and during overtime play. After leaving the game during a half of play, the substituted player may not re-enter the game during that same half of play. After leaving the game during overtime play, the substituted player may not re-enter the game. Substitutions may be made, with the consent of the Referee, at any stoppage in play**

## LI Cup Overtime Rules

**Tie at End of Regulation** A tie score at the end of regulation time will require a **Sudden Death overtime**, with two (2) halves if needed, switching of sides at the half.

**Under 13 thru U19 2 - 7 minute halves Under U9 thru U12 2 - 5 minute halves Tie Exists after Overtime** If neither team scores during overtime which would immediately end the game and a tie still exists a penalty kick competition shall occur. **See penalty kick rules above. (U9, U10, U11, U12 Penalty spot is 10 yards from goal)**

LIJSL GENERAL CLUB PASS  
PLAYERS WITH A PASS FROM A DIFFERENT TEAM  
MAY NOW PLAY ON ANOTHER TEAM

**IN THE SAME CLUB**

AS LONG AS THEY ARE WITHIN THESE  
AGE BIRTH DATE LIMITS

Players must appear on the game day roster

<u>Match Age Group</u>		<u>Age Eligible Club Pass Player</u>	<u>NOT Eligible Club</u>
U19	2000	2000-2001-2002-2003	Born 2004 or later
U17	2002	2002-2003-2004	Born 2005 or later
U16	2003	2003-2004-2005	Born 2006 or later
U15	2004	2004-2005-2006	Born 2007 or later
U14	2005	2005-2006-2007	Born 2008 or later
U13	2006	2006-2007-2008	Born 2009 or later
U12	2007	2007-2008-2009	Born 2010 or later
U11	2008	2008-2009-2010	Born 2011 or later
U10	2009	2009-2010-2011	Born 2012 or later
U9	2010	2010-2011-2012	Born 2013 or later

NO PLAYER CAN EVER PLAY DOWN IN AN AGE GROUP.  
EXAMPLE A PLAYER BORN IN 2004 CANNOT PLAY ON A 2005 TEAM

**A TEAM CANNOT USE THE CLUB PASS FOR LI CUP PLAY  
IN THE U13-U19 AGE GROUPS**

**NO PLAYER CAN PLAY IN A LIJSL GAME WITH AN EDP OR ANY OTHER LEAGUE PASS**

**GAME DAY ROSTER INCLUDING ANY "CLUB PASS" PLAYERS MAY NEVER EXCEED THE  
LEAGUE MAXIMUM U9/U10 MAX 14 U11/U12 MAX 18 U13/U19 MAX 22**